






MARCH 2026 PARKS AND RECREATION Programs, Activities, & Recreation Center Reservations

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 9:00 am – 6:00 pm Flag Football 7:00 pm Rec Ctr Cleaning Svc	2 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:30 – 11:30 Vinyasa Yoga	3 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Tone, Strengthen, & Stretch 9:15 – 10:15 Dynamic Core Conditioning 10:30 – 11:30 Gentle (Hatha) Yoga 4:30 – 5:30 Performance Club 7:00 pm Rec Ctr Cleaning Svc	4 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:00 – 2:00 NHC HazWagon 10:30 – 11:30 Vinyasa Yoga	5 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Tone, Strengthen, & Stretch 9:15 – 10:15 Dynamic Core Conditioning 10:30 – 11:30 Gentle (Hatha) Yoga 4:30 – 6:30 Performance Club 5:00 PRAC Meeting 7:00 pm Rec Ctr Cleaning Svc	6 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:30 – 11:30 Vinyasa Yoga 6:45 – 8:15 AA Wit's End	7	
8  DAYLIGHT SAVINGS TIME BEGINS! 9:00 am – 6:00 pm Flag Football 7:00 pm Rec Ctr Cleaning Svc	9 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:30 – 11:30 Vinyasa Yoga 3:00–6:30 Tennis Lessons	10 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Tone, Strengthen, & Stretch 9:15 – 10:15 Dynamic Core Conditioning 10:30 – 11:30 Gentle (Hatha) Yoga 4:30 – 5:30 Performance Club 7:00 pm Rec Ctr Cleaning Svc	11 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:00 – 2:00 NHC HazWagon 10:30 – 11:30 Vinyasa Yoga 3:00–6:30 Tennis Lessons	12 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Tone, Strengthen, & Stretch 9:15 – 10:15 Dynamic Core Conditioning 10:30 – 11:30 Gentle (Hatha) Yoga 4:30 – 6:30 Performance Club 5:30 BOA Meeting 7:00 pm Rec Ctr Cleaning Svc	13 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:30 – 11:30 Vinyasa Yoga 6:45 – 8:15 AA Wit's End	14	
15 9:00 am – 6:00 pm Flag Football 7:00 pm Rec Ctr Cleaning Svc	16 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:30 – 11:30 Vinyasa Yoga 3:00–6:30 Tennis Lessons	17 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Tone, Strengthen, & Stretch 9:15 – 10:15 Dynamic Core Conditioning 10:30 – 11:30 Gentle (Hatha) Yoga 4:30 – 5:30 Performance Club  ST. PATRICK'S DAY 7:00 pm Rec Ctr Cleaning Svc	18 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:00 – 2:00 NHC HazWagon 10:30 – 11:30 Vinyasa Yoga 3:00–6:30 Tennis Lessons 3:30 – 7:15 TYL Flag Football	19 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Tone, Strengthen, & Stretch 9:15 – 10:15 Dynamic Core Conditioning 10:30 – 11:30 Gentle (Hatha) Yoga 4:30 – 6:30 Performance Club 4:45 – 7:15 TYL Basketball 7:00 pm Rec Ctr Cleaning Svc	20 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:30 – 11:30 Vinyasa Yoga 12:00 Town Employee Luncheon by the HIGC @ Fran Russ Rec Center 6:45 – 8:15 AA Wit's End  SPRING BEGINS!	21 (8:00 O'Neill East Coast Grom Tour @ Stone Street) (9:00 Sorority Luncheon @ Fran Russ Recreation Center)	
22 9:00 am – 6:00 pm Flag Football 7:00 pm Rec Ctr Cleaning Svc	23 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:30 – 11:30 Vinyasa Yoga 3:00–6:30 Tennis Lessons	24 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Tone, Strengthen, & Stretch 9:15 – 10:15 Dynamic Core Conditioning 10:30 – 11:30 Gentle (Hatha) Yoga 7:00 pm Rec Ctr Cleaning Svc	25 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:00 – 2:00 NHC HazWagon 10:30 – 11:30 Vinyasa Yoga 3:00–6:30 Tennis Lessons 3:30 – 7:15 TYL Flag Football 5:30 Performance Club Final Rehearsal	26 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Tone, Strengthen, & Stretch 9:15 – 10:15 Dynamic Core Conditioning 10:30 – 11:30 Gentle (Hatha) Yoga 4:45 – 7:15 TYL Basketball 5:30 Performance Club Final Performance 7:00 pm Rec Ctr Cleaning Svc	27 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:30 – 11:30 Vinyasa Yoga 6:45 – 8:15 AA Wit's End	28 9:30 WB Parks & Recreation Easter Egg Hunt @ WB Park Softball Field	
29 9:00 am – 6:00 pm Flag Football 7:00 pm Rec Ctr Cleaning Svc	30 8:00 – 9:00 Cardio Crunch 9:15 – 10:15 Tai Chi 10:30 – 11:30 Vinyasa Yoga 3:00–6:30 Tennis Lessons	31 8:00 – 12:00 Pickleball Open Play 8:00 – 9:00 Tone, Strengthen, & Stretch 9:15 – 10:15 Dynamic Core Conditioning 10:30 – 11:30 Gentle (Hatha) Yoga 7:00 pm Rec Ctr Cleaning Svc			<i>Distribution:</i> Town Website Haynes Brigman Evan Morigerato Bailey Hartsell Park Ranger Danny Floyd Non – Parks & Recreation Department sponsored activities in ()	WBPD WBFD PRAC Pivot Parking Heavenly Scent Cedric Baker-Boney	LJ Woodard President, HIGC Linda Brown, WBF Wit's End