





JANUARY 2019 PARKS AND RECREATION Programs & Activities, and Recreation Center Reservations



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Distribution:</i> Town Website Tim Owens Evan Morigerato Tony Wilson Shannon Slocum East Coast Maintenance Non-Parks & Recreation Department sponsored activities in ()</p>	<p>Bill Bailey PRAC WBPD WBFD Jim Chaffins</p> 	<p>1 NEW YEAR'S DAY HOLIDAY NO FITNESS CLASSES TOWN OFFICES CLOSED</p> <p>(11:00—1:00 Wrightsville Plunge @ Accesses 37-38)</p> 	<p>2 8:00– 9:00 Cardio Crunch 10:00—2:00 NHC HazWagon 10:30—11:30 Vinyasa Yoga</p>	<p>3 8:30—9:15 Tone, Strengthen, & Stretch 9:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit</p> <p>5:30—6:30 Line Dancing Lessons 6:30—8:30 Shag Lessons</p>	<p>4 8:30– 9:20 Zumba® Gold 9:30—10:30 Vinyasa Yoga</p> <p>6:00 ECM Cleans Rec Ctr</p>	<p>5 9:00—11:00 Pickleball Open Play</p>
<p>6 11:00 am —1:00 pm AA</p>	<p>7 Adult Flag Football Registration Opens 8:00– 9:00 Cardio Crunch 10:30—11:30 Vinyasa Yoga</p> <p>4:00 PRAC Meeting 5:30 BOA Meeting 6:00 ECM Cleans Rec Ctr</p>	<p>8 8:30 BOA Retreat 8:30—9:15 Tone, Strengthen, & Stretch 9:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit 10:45—11:45 Gentle (Hatha) Yoga</p>	<p>9 8:00– 9:00 Cardio Crunch 10:00—2:00 NHC HazWagon 10:30—11:30 Vinyasa Yoga</p>	<p>10 8:30—9:15 Tone, Strengthen, & Stretch 9:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit</p> <p>5:30—6:30 Line Dancing Lessons 6:30—8:30 Shag Lessons</p>	<p>11 8:30– 9:20 Zumba® Gold 9:30—10:30 Vinyasa Yoga</p> <p>6:00 ECM Cleans Rec Ctr</p>	<p>12 9:00—11:00 Pickleball Open Play</p>
<p>13 11:00 am —1:00 pm AA</p>	<p>14 8:00– 9:00 Cardio Crunch 10:30—11:30 Vinyasa Yoga</p> <p>6:00 ECM Cleans Rec Ctr</p>	<p>15 8:30—9:15 Tone, Strengthen, & Stretch 9:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit 10:45—11:45 Gentle (Hatha) Yoga</p> <p>4:00—6:15 Pre-Cotillion and Cotillion</p>	<p>16 8:00– 9:00 Cardio Crunch 9:30 Parks and Recreation Public Input Meeting @ Town Hall Council Chambers 10:00—2:00 NHC HazWagon 10:30—11:30 Vinyasa Yoga</p>	<p>17 8:30—9:15 Tone, Strengthen, & Stretch 9:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit</p> <p>4:30—6:30 Performance Club 6:30 Parks and Recreation Public Input Meeting @ Town Hall Council Chambers</p>	<p>18 8:30– 9:20 Zumba® Gold 9:30—10:30 Vinyasa Yoga</p> <p>6:00 ECM Cleans Rec Ctr</p>	<p>19 9:00—11:00 Pickleball Open Play</p>
<p>20 11:00 am —1:00 pm AA</p>	<p>21 MLK HOLIDAY NO FITNESS CLASSES TOWN OFFICES CLOSED</p> <p>6:00 ECM Cleans Rec Ctr</p>	<p>22 8:30—9:15 Tone, Strengthen, & Stretch 9:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit 10:45—11:45 Gentle (Hatha) Yoga</p> <p>4:00—6:15 Pre-Cotillion and Cotillion</p>	<p>23 8:00– 9:00 Cardio Crunch 10:00—2:00 NHC HazWagon 10:30—11:30 Vinyasa Yoga</p>	<p>24 8:30—9:15 Tone, Strengthen, & Stretch 9:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit</p> <p>4:30—6:30 Performance Club 6:30—8:30 Shag Lessons</p>	<p>25 8:30– 9:20 Zumba® Gold 9:30—10:30 Vinyasa Yoga</p> <p>6:00 ECM Cleans Rec Ctr</p>	<p>26 9:00—11:00 Pickleball Open Play</p> <p>9:00—3:30 WBPR Babysitter Training Course</p>
<p>27 11:00 am —1:00 pm AA</p>	<p>28 8:00– 9:00 Cardio Crunch 10:30—11:30 Vinyasa Yoga</p> <p>6:00 ECM Cleans Rec Ctr</p>	<p>29 8:30—9:15 Tone, Strengthen, & Stretch 9:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit 10:45—11:45 Gentle (Hatha) Yoga</p> <p>4:00—6:15 Pre-Cotillion and Cotillion</p>	<p>30 8:00– 9:00 Cardio Crunch 10:00—2:00 NHC HazWagon 10:30—11:30 Vinyasa Yoga</p>	<p>31 8:30—9:15 Tone, Strengthen, & Stretch 9:00—11:00 Pickleball Open Play 9:30—10:30 Barre Fit</p> <p>4:30—6:30 Performance Club 6:30—8:30 Shag Lessons</p>	